



**Moderator**  
**Pierre Mertz**  
**Infinera**



# Master-class 4: Updates to Transmission Technology

Name: Ronald Freund  
Company: HHI

Masaaki Hirano  
Sumitomo Electric

Tony Frisch  
Xtera



Ronald started his career in 1996 as a co-founder of VPI Photonics and then moved to Fraunhofer Heinrich Hertz Institute, where he is currently leading the department Photonic Network and Systems with the focus on high-capacity submarine and core networks, high-speed access networks as well as satellite and quantum communication networks ([www.hhi.fraunhofer.de/pn](http://www.hhi.fraunhofer.de/pn)).

In 2017 he was appointed Professor for Photonic Communication Systems at the Technical University of Berlin. He holds a MBA from RWTH Aachen.

Name: Ronald Freund  
Title: Head of Department  
Email: [Ronald.Freund@hhi.fraunhofer.de](mailto:Ronald.Freund@hhi.fraunhofer.de)



Hirano joined Sumitomo Electric Industries, Ltd. in 1997 and has been engaged in R&D on various specialty optical fibres including low-loss fibre, dispersion-shifted fibre, high-nonlinearity fibre, etc. He is now a group leader at optical fibre engineering and market development, responsible for submarine fibres.

Name: Masaaki Hirano  
Title: Manger of Optical Fibre Engineering  
Email: [Masahirano@sei.co.jp](mailto:Masahirano@sei.co.jp)





Tony started at BT's Research labs and then moved to Alcatel Australia, becoming involved in testing and commissioning submarine systems.

A move to Bell Labs gave him experience in terminal design and troubleshooting, after which he went to Alcatel France, eventually heading subsea Product Marketing.

He joined Xtera in 2004 and is now CTO.

Name: Tony Frisch

Title: CTO

Email: [Tony.Frisch@xtera.com](mailto:Tony.Frisch@xtera.com)

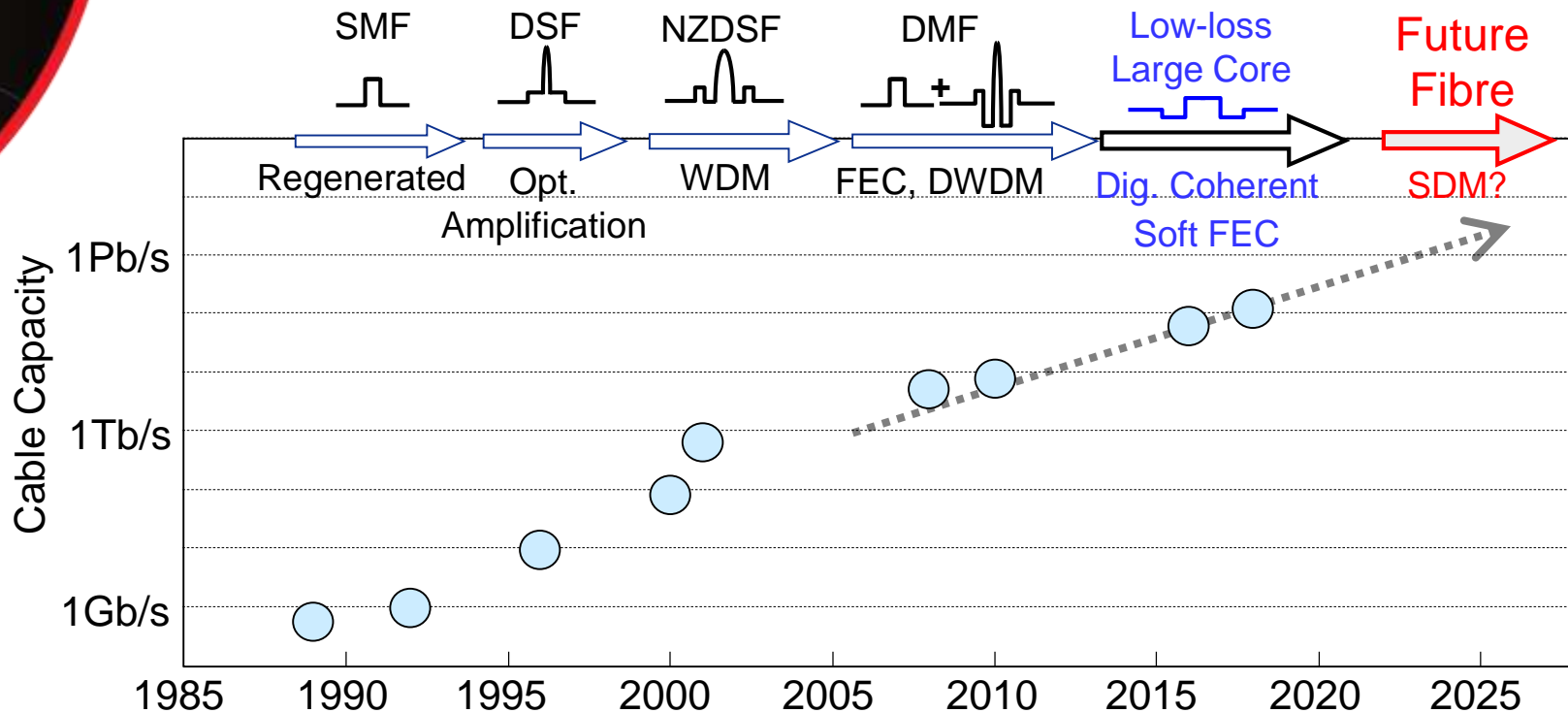


# Contents

1. Basics
  - Shannon and Nyquist Laws
  - Power, cost, complexity
  - Coherent transmission
2. Building Blocks
  - Constellations
  - Amplifiers
  - Fibre
  - FEC
3. Possible future technology
  - SDM

Long High-capacity Systems	Regional Systems
Unrepeated Systems (UR)	Upgrade (Legacy) Systems

# A brief history of transmission



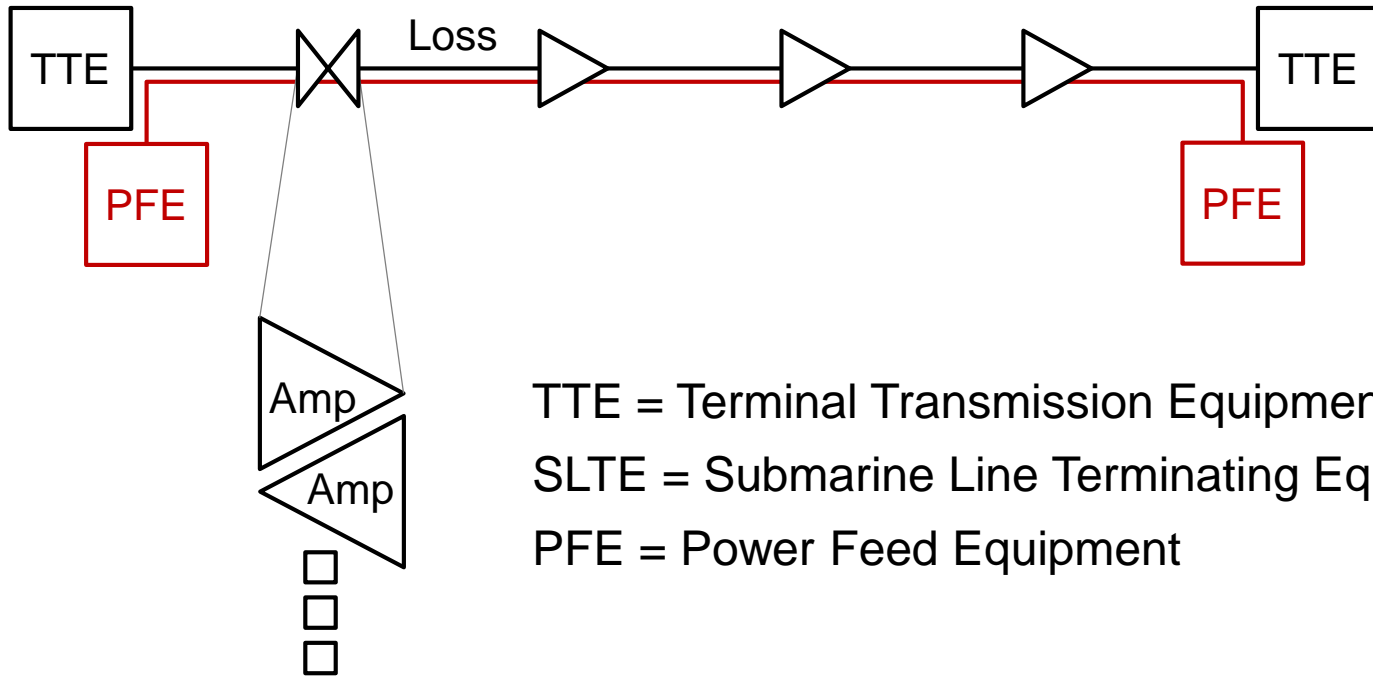
# Recent developments

- No major change is subsea amplifier bandwidth  
    Nearly all system are C-band-only: a few C+L
- Fibre attenuation dropped from 0.17 dB/km to 0.15 dB/km and  
    Effective area increased to 150  $\mu\text{m}^2$  in the last decade
- **Significant improvements in DSP modules**  
    DSP = Digital Signal Processing
- Interesting research on non-linear mitigation,  
    multi-mode propagation ...

# Basics



# Typical subsea system



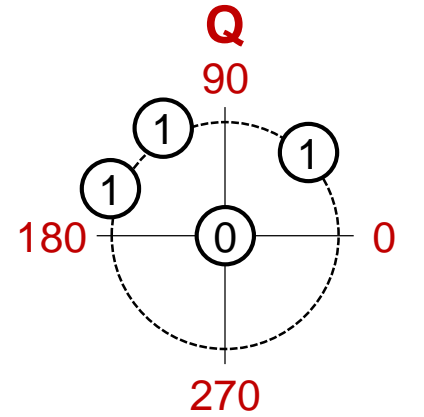
TTE = Terminal Transmission Equipment  
SLTE = Submarine Line Terminating Equipment  
PFE = Power Feed Equipment

# Practical constraints

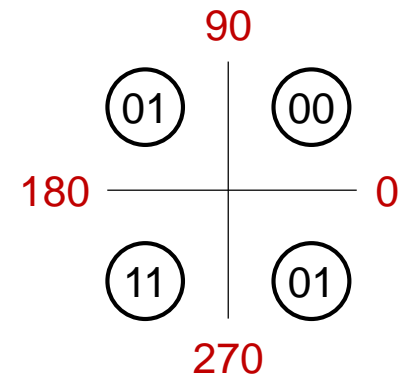
- Cost is important  
Quite a lot of fixed cost e.g. marine, environmental impact etc.  
=> Maximise capacity to optimise cost per bit
- Repairing subsea plant is difficult, so reliability is important
  - favours simplicity
- Power has to be fed along cable to subsea amplifiers
  - lowest cable resistance currently 0.6 ohm/km
  - power is the ultimate practical limit to capacity

# Coherent transmission

- On Off Keying (OOK)  
Phase not important
- Phase Shift Keying (PSK)  
Quadrature Amplitude Modulation (QAM)
- Phase and amplitude are modulated
- Points generally represent >1 bit

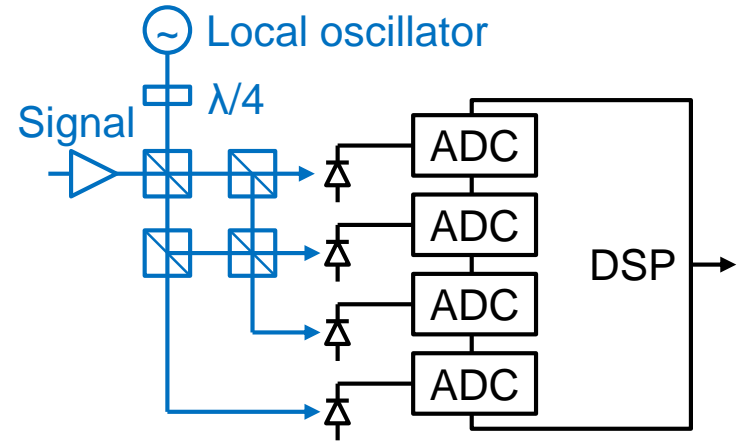


I = In-phase  
Q = Quadrature



# Coherent detection

- Add receive signal to Local oscillator
- Convert to electrical signal
- Analogue to Digital Conversion
- Estimate "carrier frequency"
- Separate polarisations
- Compensate for dispersion
- Compensate for non-linearity (optional)
- Decode constellation
- Decode FEC



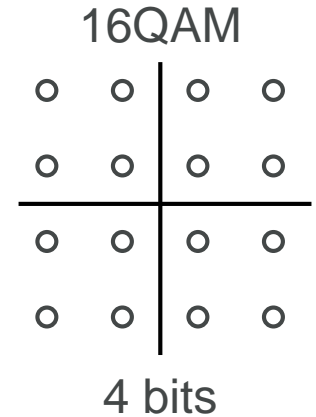
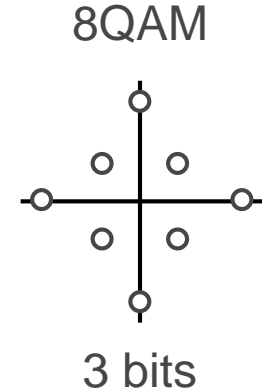
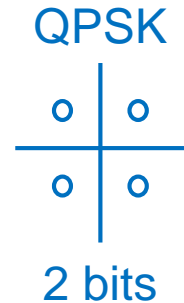
Simplified – each detector is usually differential

# Common constellations

- Constellations with 4-16 points = 2-4 bits per symbol

2 polarisations  
x 30 Giga symbols per second  
x 2 bits per symbol  
= 120 Giga bits per second

20% FEC overhead  
**100G per wavelength**  
37.5 GHz grid  
2.7 bits/s/Hz



# Main trend / objective

**More capacity** by increasing:

1. Number of constellation points
2. Symbol rate
3. Number of wavelengths

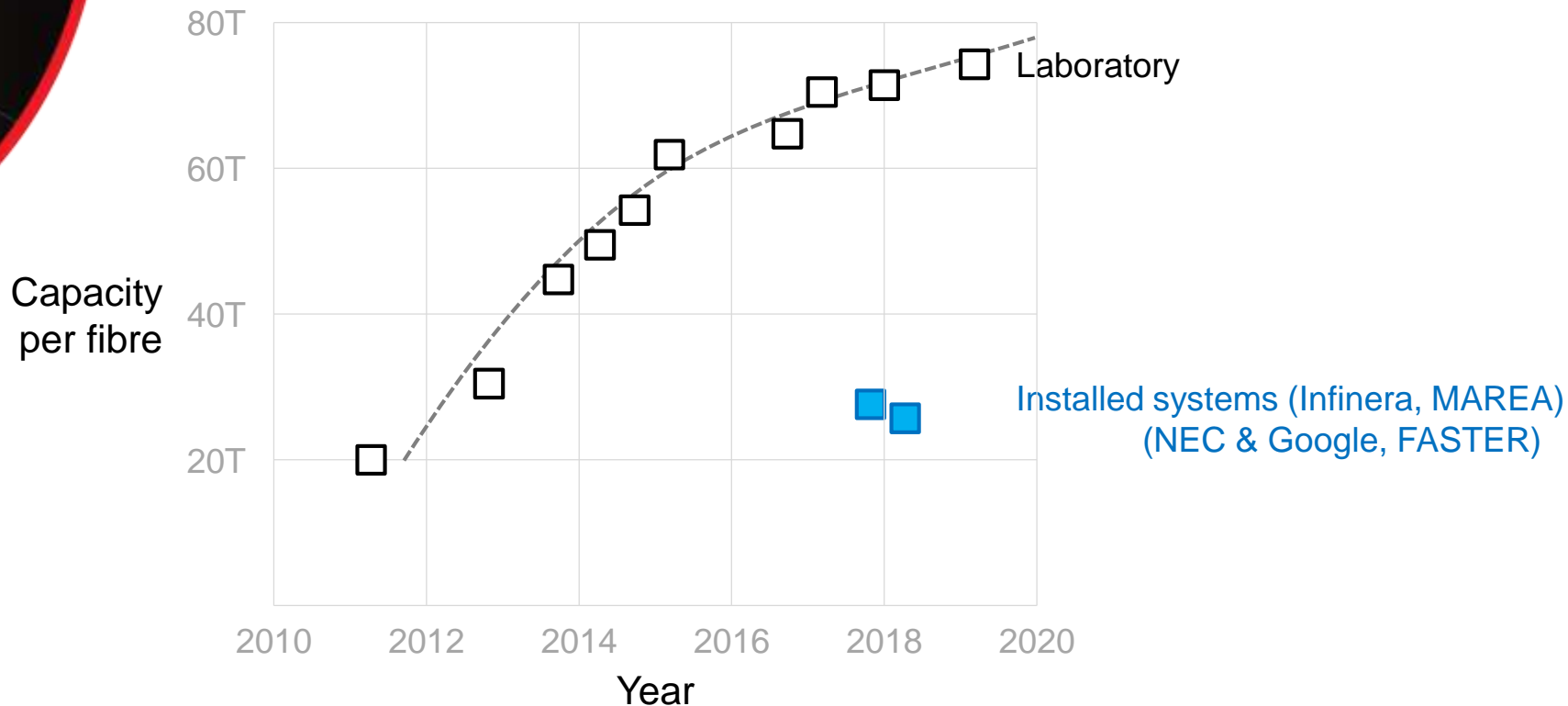
Publications

up to 256QAM = 8 bits/symbol

up to 80 Gbaud

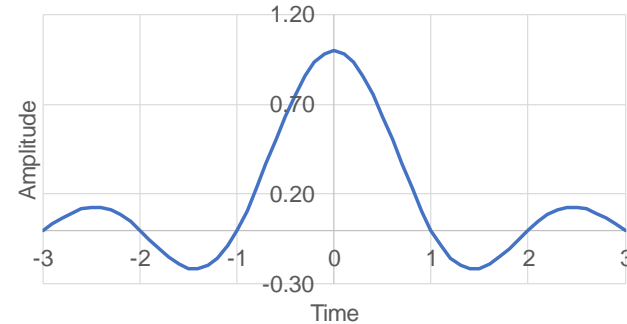
up to 300

# Demonstrations



# Nyquist's law

- For a bandwidth of B (Hz) the maximum symbol rate is:
- B symbols per second
- Assumes a  $\frac{\sin(\pi t)}{\pi t}$  pulse shape



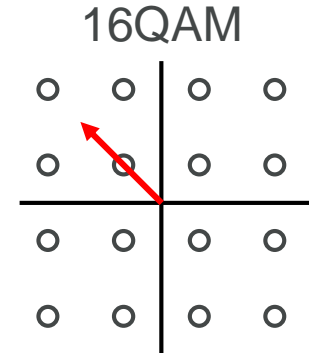
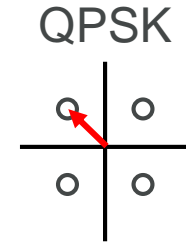
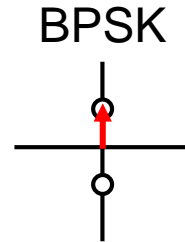
- Latest modules shape pulses using DACs to approximate this [ DAC = Digital to Analogue Converter ]
- Higher symbol rate = larger bandwidth = more noise



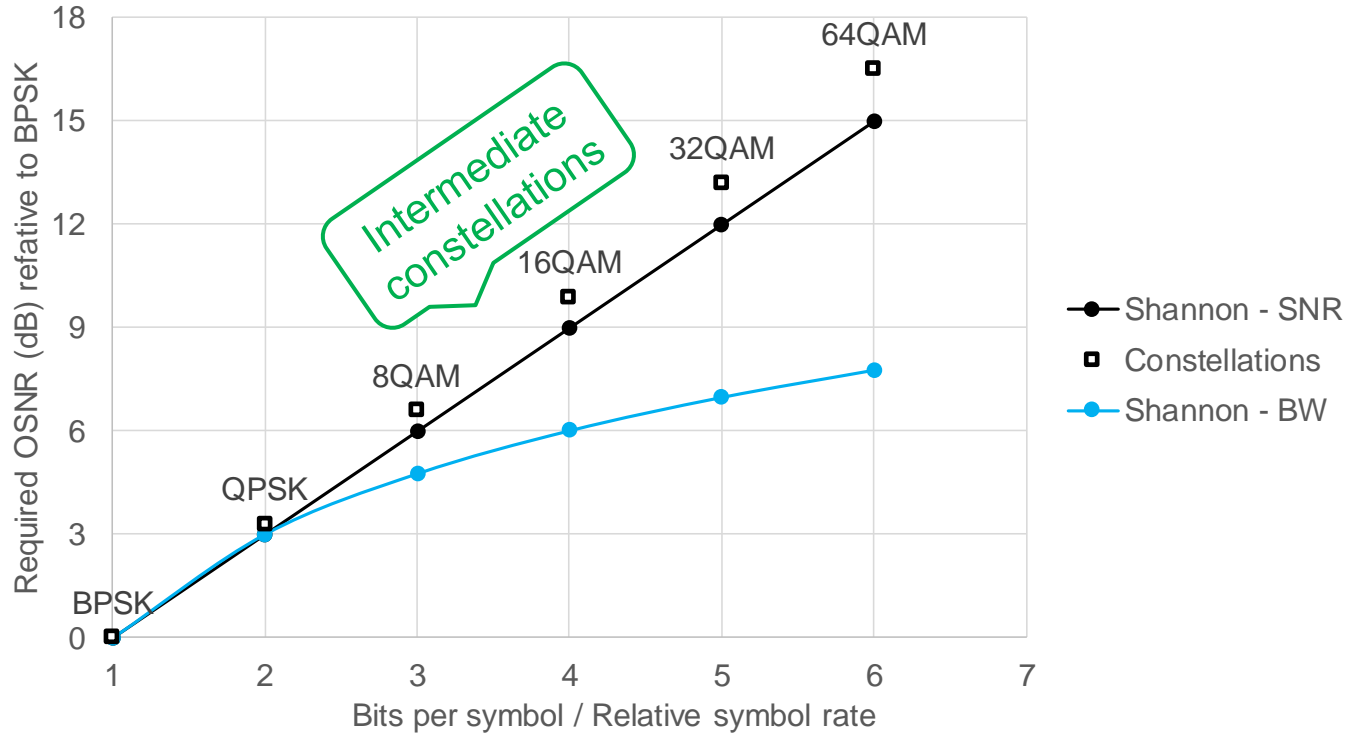
# Shannon's law

- Maximum information capacity is:  $B \cdot \log_2(1 + \text{SNR})$
- Approximately (optical):  $2B \cdot \log_2\left(\frac{P_{\text{opt}}}{\text{Noise}}\right)$
- Ideal; assumes a linear system

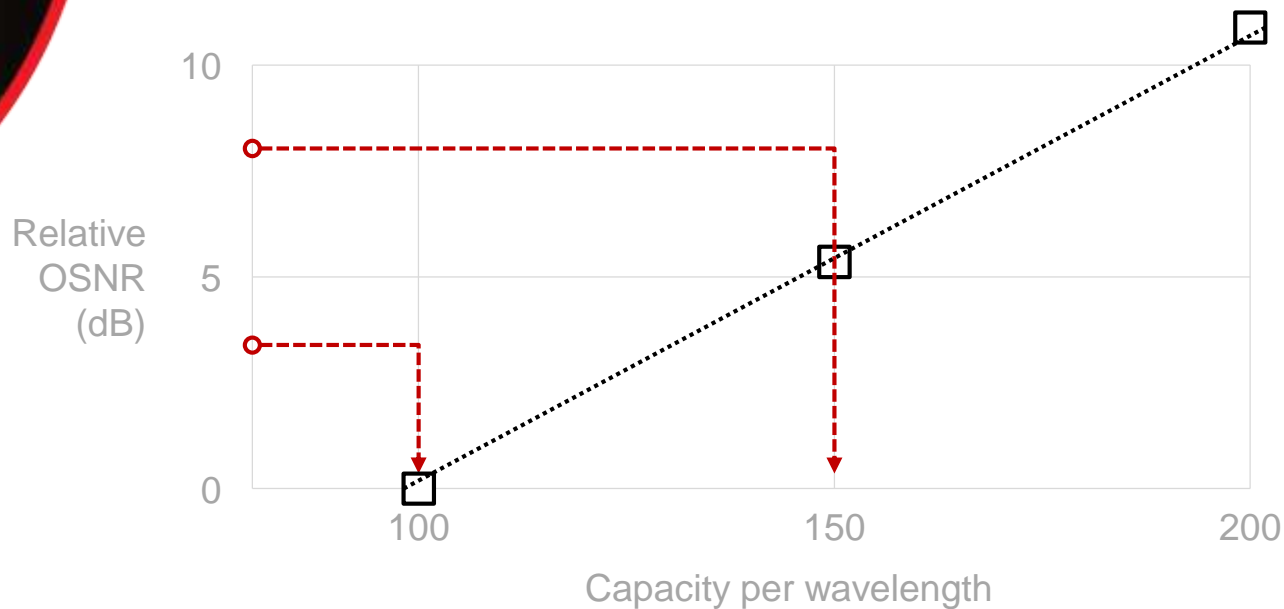
- Different constellations need different SNR



# Shannon's law



# QPSK, 8QAM & 16QAM

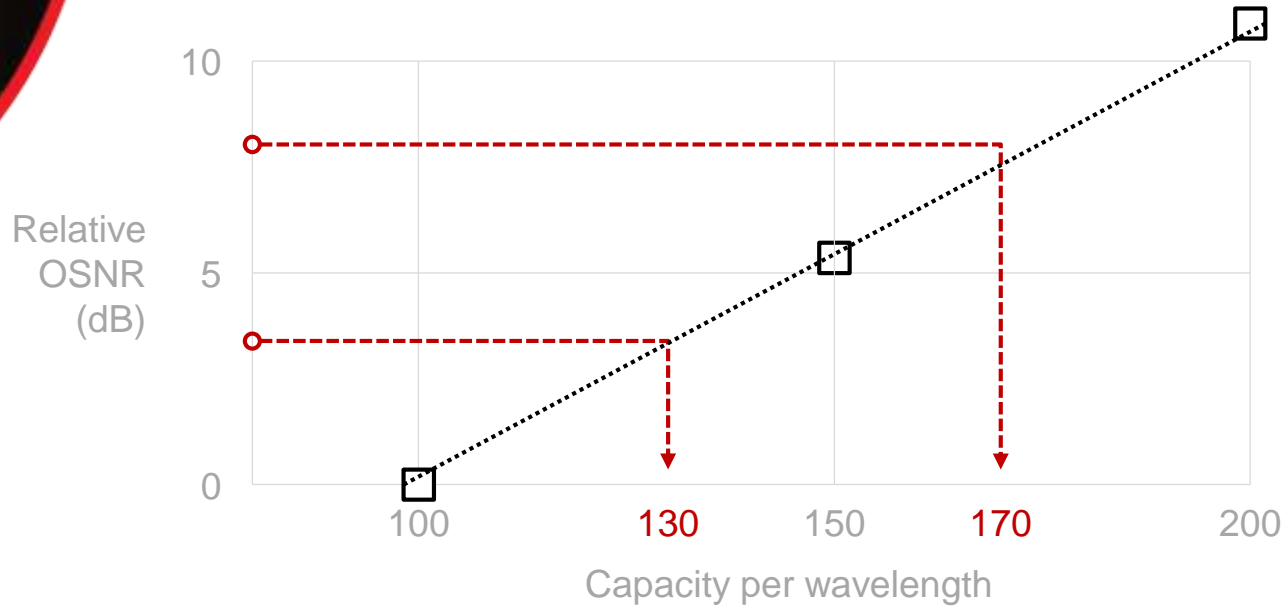


Limits capacity unless SNR is just right



# Intermediate modulation schemes

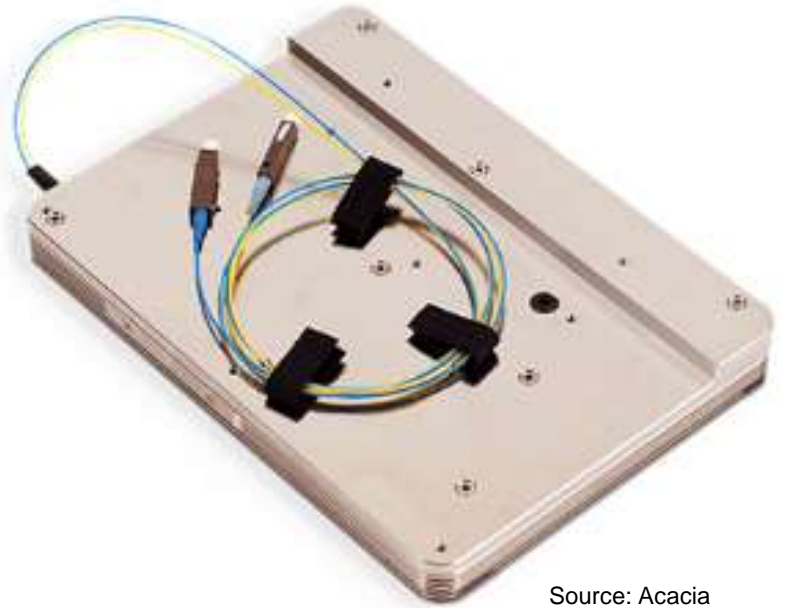
## Ideal case



Maximises capacity for a given SNR

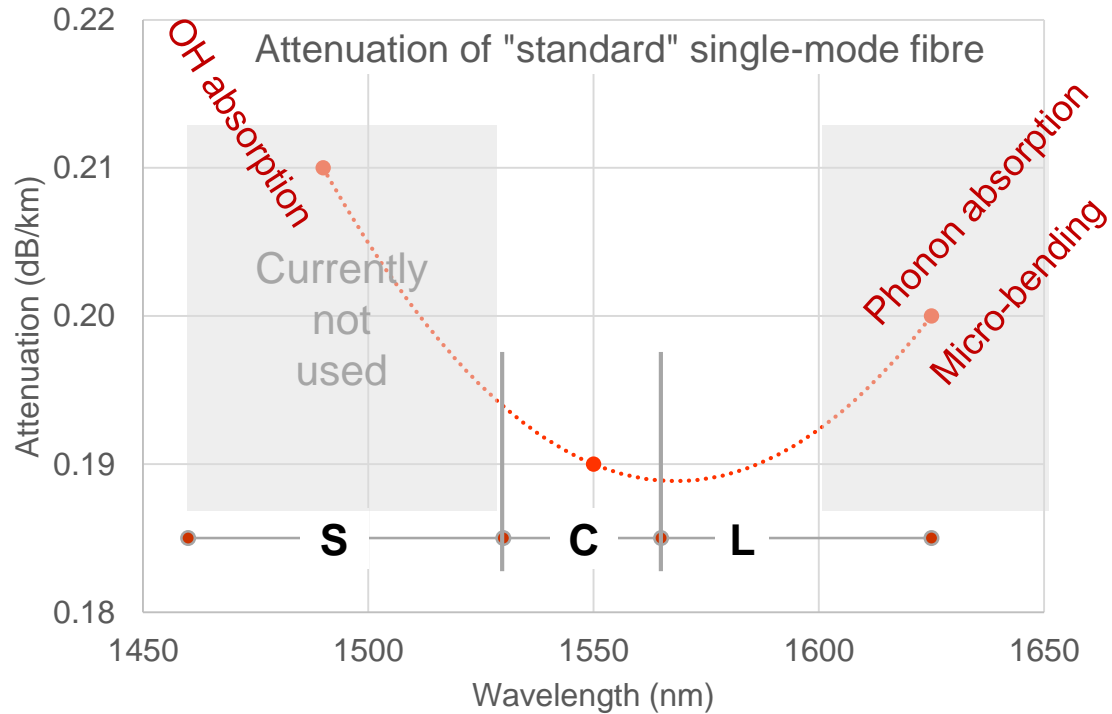
# Available modules

- 5 x 7 inch modules
- Offer up to 800G per wavelength – capacity set by line design
- Steps of 25G
- *Flexibility also on symbol rate, WL grid and FEC parameters*
- Most suppliers integrate 2 wavelengths in the same module  
Maybe more in the future



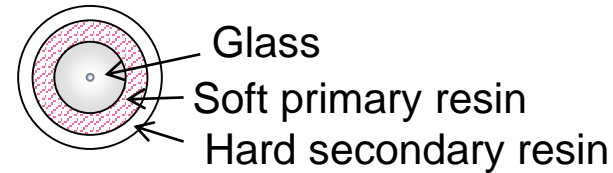
Source: Acacia Communications

# Fibre and optical bands



- Low attenuation
- See OP-18 for details of
  - Index profile
  - Multi-layer coatings
- Negligible cabling loss
- Low non-linearity
  - Large effective area
  - High chromatic dispersion

0.150-0.156 dB/km available  
0.14 dB/km



130-150  $\mu\text{m}^2$   
 $\sim 20$  ps/km/nm



**Break**



**Break for questions**



# Forward Error Correction (FEC)

- Initially Reed-Solomon, then Product codes, now Soft Decision
- Q limit (typically at BER = 1E-13)
  - 11 dB (RS hard decision)
  - 8 dB (Product hard decision)
  - 5 dB (Soft decision)
- 5 dB means correction of around 1 error per 25 bits (average)

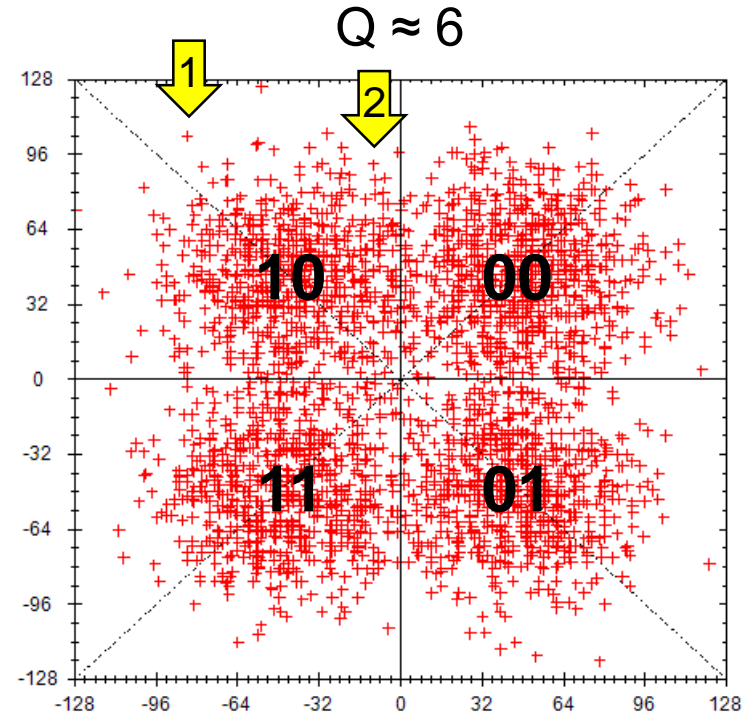
# Principle of soft-decision FEC

## Hard-decision FEC

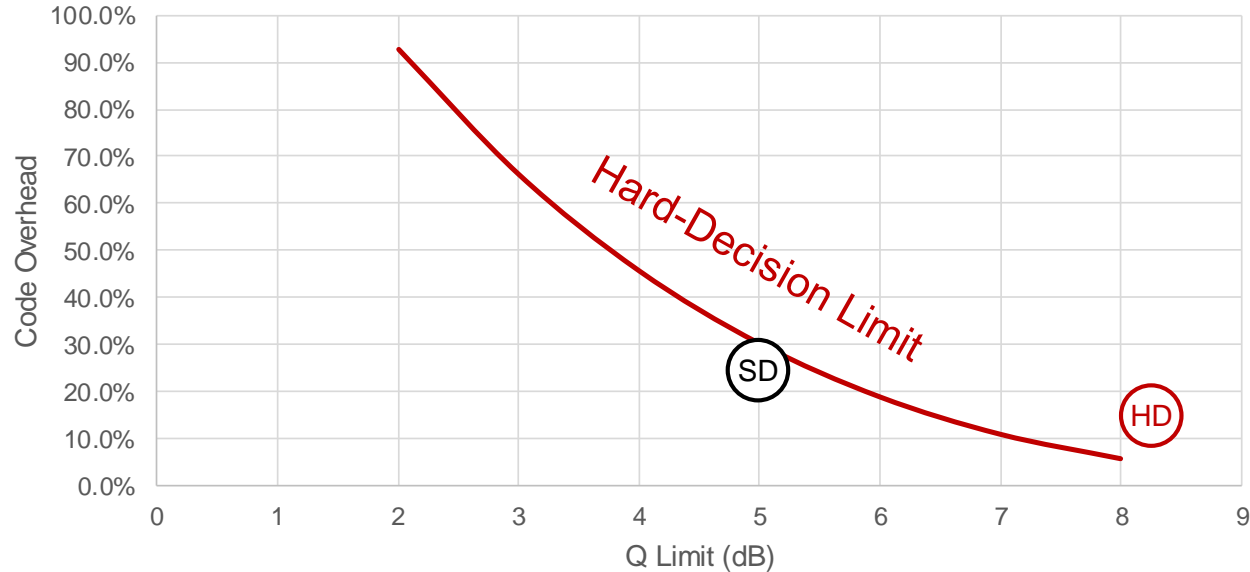
- Decide what symbol was detected
- Apply FEC decoding
- Fails if error probability is too high

## Soft-decision FEC

- Uses the symbol value before decoding to determine if an error is likely



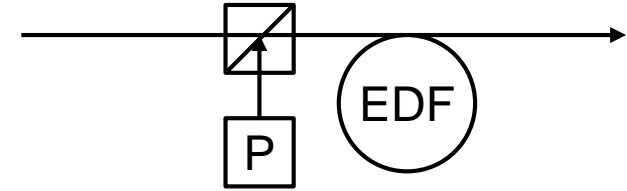
# FEC limits



- Higher coding gain needs more overhead = more processing
- Overhead starts to reduce data capacity as Q limit decreases

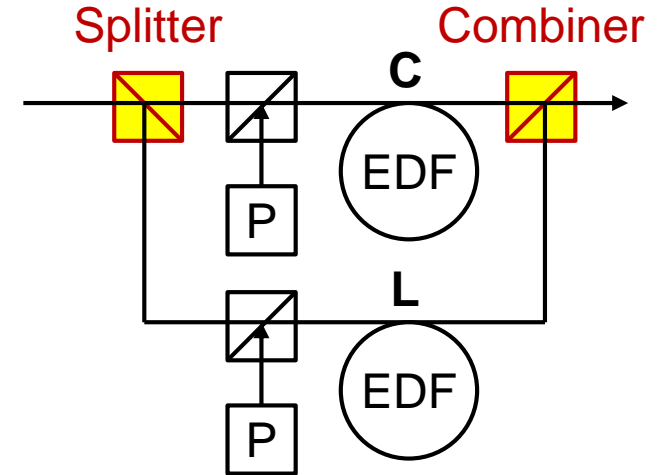
# Fibre-based amplifiers

- EDFA
  - NF ~4.5 dB
  - + Compact
  - + Low consumption
  - Bandwidth limited to C-band, ~40 nm
- 
- Most common in subsea (and terrestrial) systems



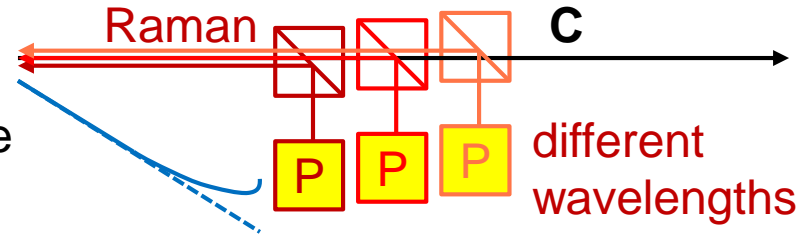
# Fibre-based amplifiers

- C + L using couplers
- NF ~4.5 dB
- + Essentially the same technology
- + Bandwidth ~70 nm
- Loss of splitter and coupler
- L amplifier generally more complex than shown
- *Only one supplier offering this*



# Fibre-based amplifiers

- Distributed Raman
- Amplification occurs in the cable
- NF 0-3 dB



- + Low noise
- + Bandwidth up to 100 nm
- Needs several high power Raman pumps

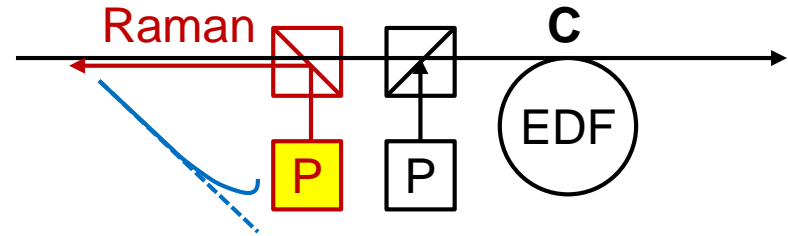
- *Not used in subsea amplifiers, but good for unrepeated systems*

# Fibre-based amplifiers

- EDFA + Raman
- NF ~2.5 dB

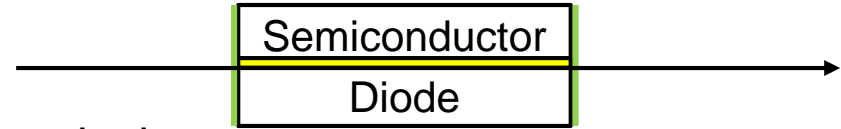
- + Low noise
- + Bandwidth ~70 nm
- Needs Raman pump as well EDFA Pump – similar powers

- *Only one supplier offering this*



# Semiconductor Optical Amplifier

- SOA
- Anti-reflective coating to prevent lasing
- NF 6-10 dB



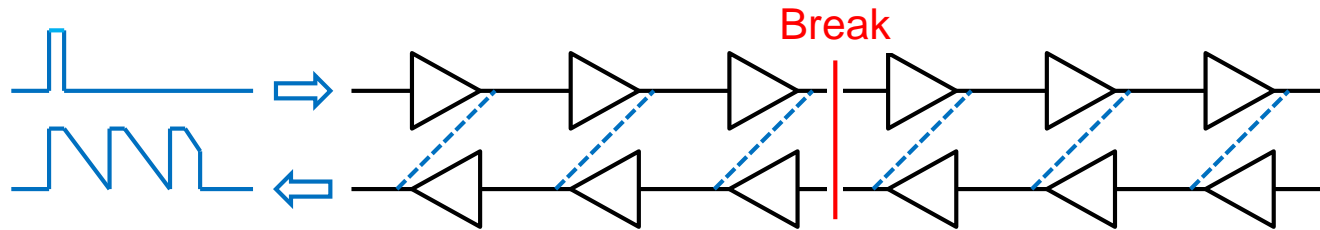
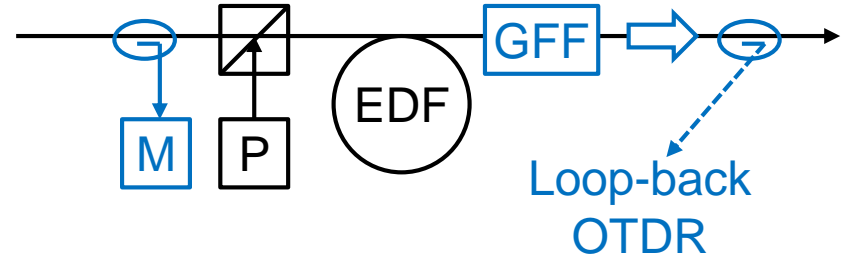
- + Compact
- + Low consumption
- + Large bandwidth >100 nm
- Noise performance not so good 6-10 dB

- *Used in non-telecoms applications e.g. fibre-gyroscopes*



# Optical amplifier extras

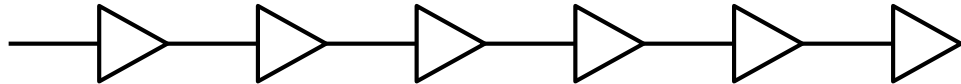
- Optical Monitoring
- Gain Flattening Filter (GFF)
- Isolator for stability
- Loop-back / OTDR path  
Passive mechanism for fault location



- ALL amplifiers generate noise
- Noise spectral density =  $G \cdot h \nu \cdot NF$   
(for 2 polarisations)  
EDFA NF  $\sim 3$  (4.5 dB)  
EDFA-DRA  $\sim 2$  (3 dB)

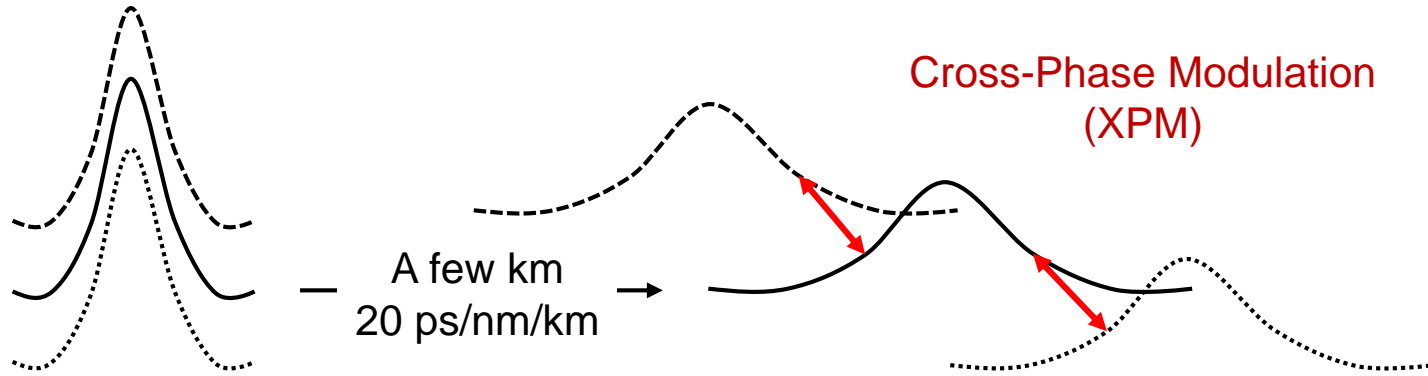
G = Gain  
h = Planck's constant  
 $\nu$  = Frequency  
NF = Noise Figure

- After N amplifiers



- **Total noise  $\approx N \cdot G \cdot h \nu \cdot NF$**  (assumes all sections are the same)

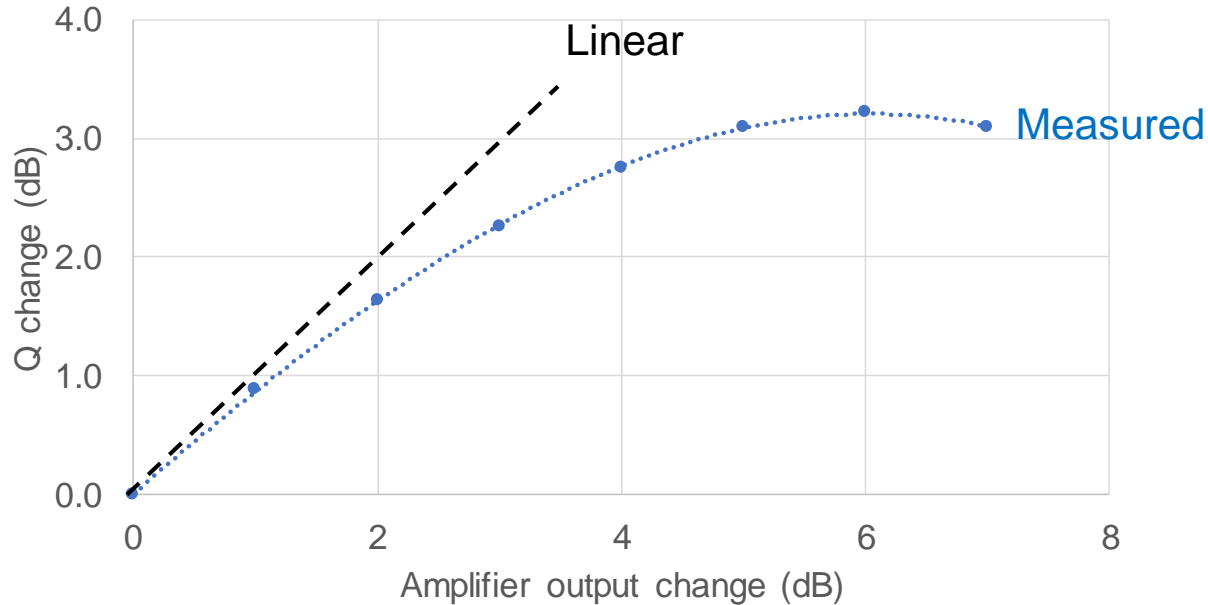
- Chromatic dispersion: different wavelengths travel at different speeds



- Reduces non-linear interaction between different wavelengths
- Most significant effect is Self-Phase Modulation (SPM)

# Non-linear effects

## Real example



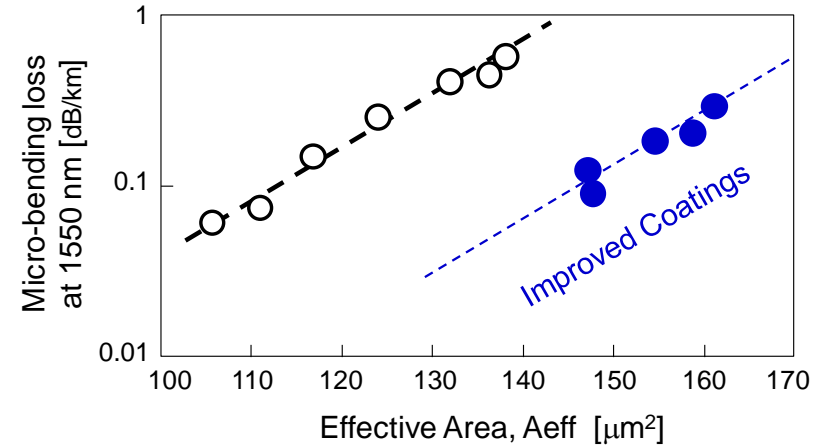
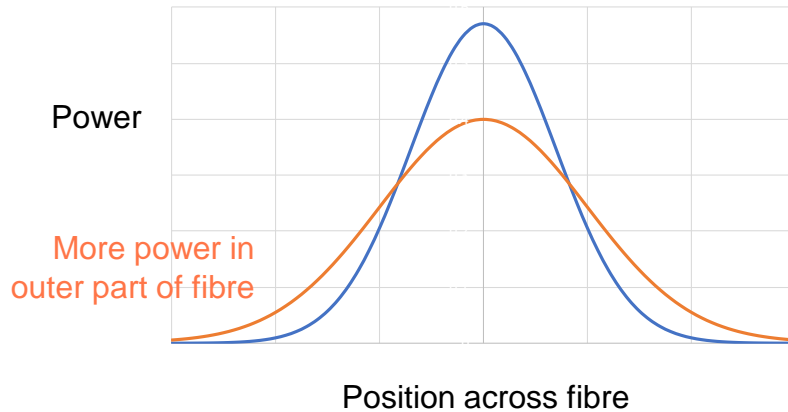
- Benefits of increasing power are limited by non-linear effects

# Reducing the effects of non-linearity

- Several solutions
  1. Large core fibre
  2. Modification of transmitted constellation
  3. Non-linear compensation in receiver

# 1. Large-core fibre

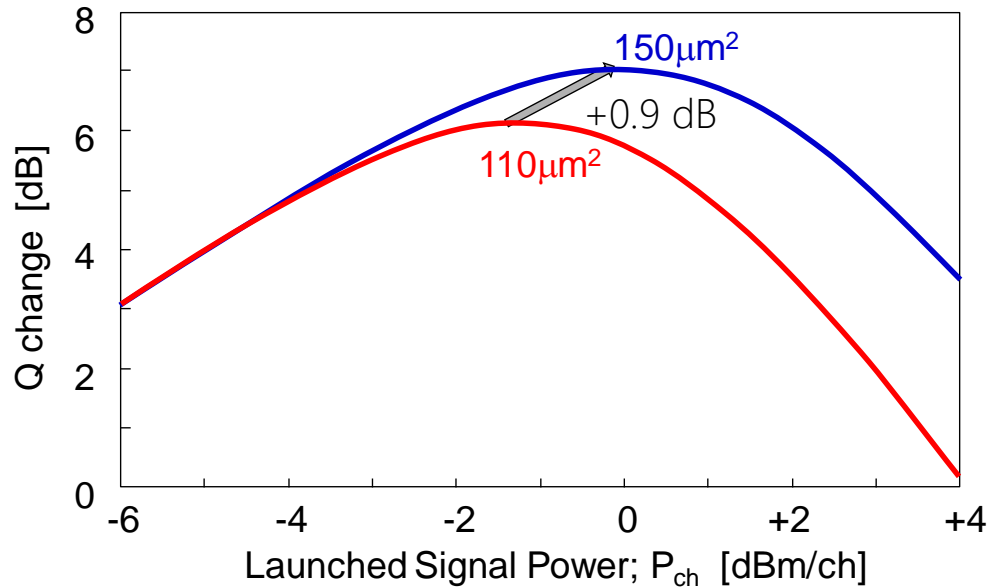
- Increase mode field diameter: reduce power density



- Needs careful design to avoid increasing micro-bending sensitivity

# Improvement due to large-core fibre

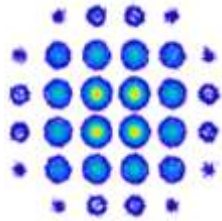
- Increases the level of power that can be used



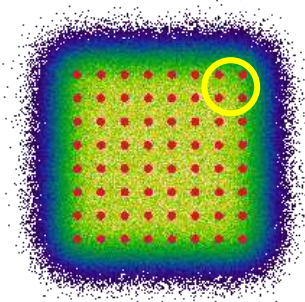
## 2. Improved constellations

### Constellation shaping

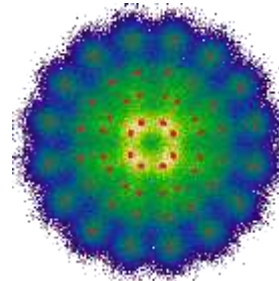
- Geometric (**GCS**): Modify the position of the points



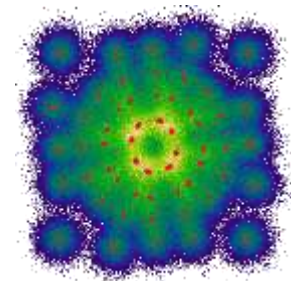
Probabilistic



Square



Geometric



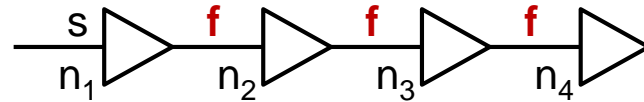
Carrier recovery

- Probabilistic (**PCS**): Modify the relative probabilities of different points
- Need to consider both non-linear performance and carrier recovery



### 3. Non-linear compensation

- Back propagation
- $s \rightarrow f(s + n_1)$
- $s \rightarrow f(f(s + n_1) + n_2)$   
→  $f(f(f(s + n_1) + n_2) + n_3)$   
→  $f(f(f(f(s + n_1) + n_2) + n_3) + n_4) \dots$

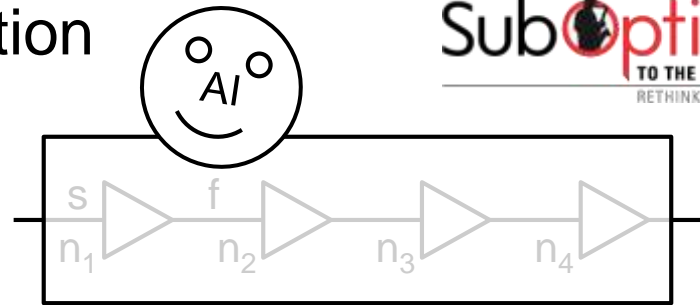


s is signal, n is noise

f is a non-linear transfer function

- Compensation requires applying  $f^{-1}$  multiple times to derive s
- This process known as "Backward propagation"
- Very complex, but some good alternatives being developed

### 3. Non-linear compensation



- Using neural network
- Nice demonstration by NEC and Google on the FASTER cable system
- Treats the transmission system as a "black box"
- Initial training allows the network to learn what output should be based on knowing what was transmitted  
Then apply this to unknown traffic
- Not as complex as digital back propagation

# Comparison

1. Large core fibre  
commonly used solution
  2. Constellation shaping  
slightly more complex DSP
  3. Non-linear compensation  
much more complex DSP  
0.5-0.8 dB improvement today
- Can be used in combination



Break

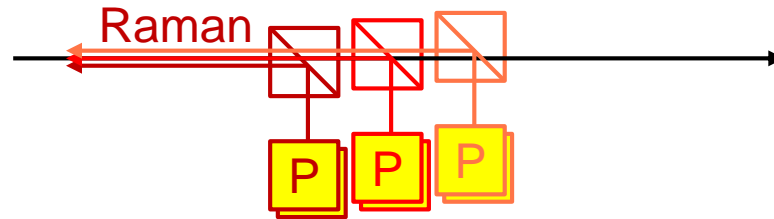
# Possible Future Technology

# Possible technologies

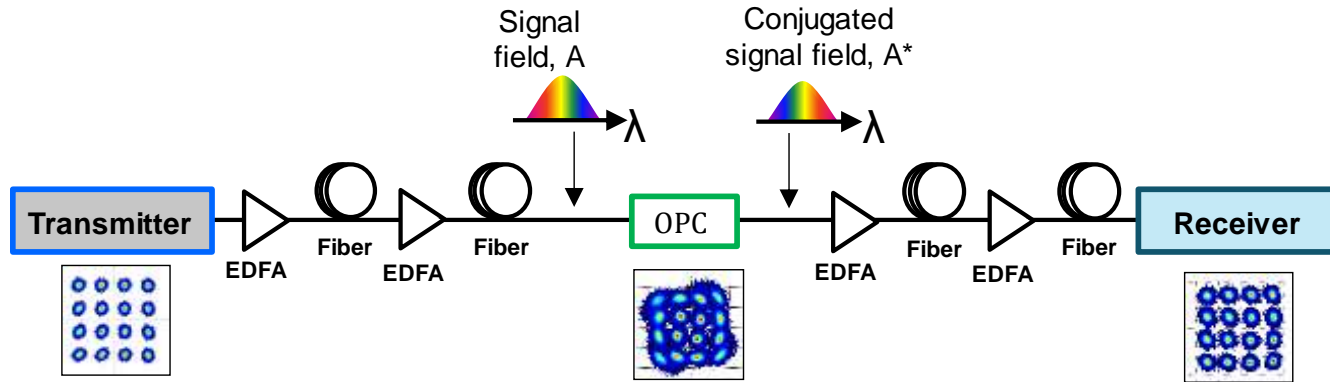
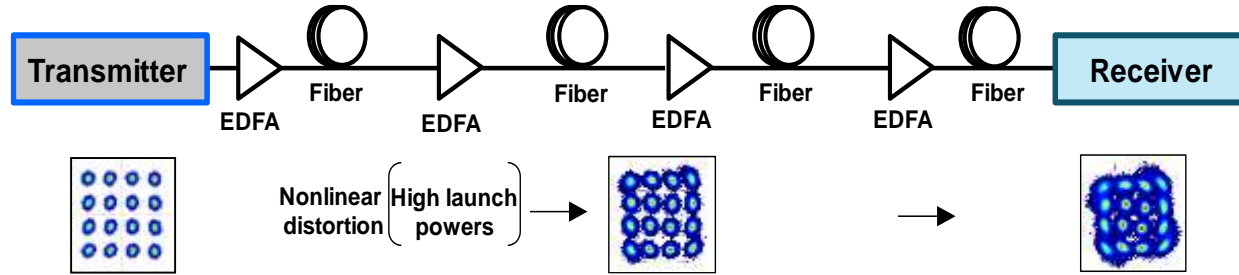
- Cable capacity proportional to:  
number of Fibre-pairs x cores x modes x Bandwidth x  $\log_2(1 + \text{SNR})$
- Improved amplifiers Bandwidth
- Enhanced non-linear compensation SNR
- Conjugate transmission / reflection SNR
- SDM (Spatial Division Multiplexing)
  - Multi-core fibres Fibre pairs
  - Multi-mode fibres Fibre cores
  - Multi-mode fibres Fibre modes

# Even greater bandwidth amplifiers

- Possible with Raman – greater than 100 nm demonstrated
- Good noise figure
- BUT
  - more pumps
  - more power
  - more complexity
- A good solution where power is not a limitation  
Example: Unrepeated systems

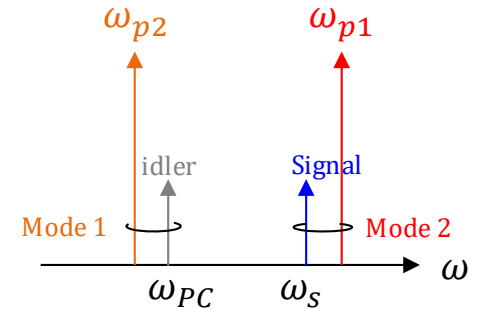
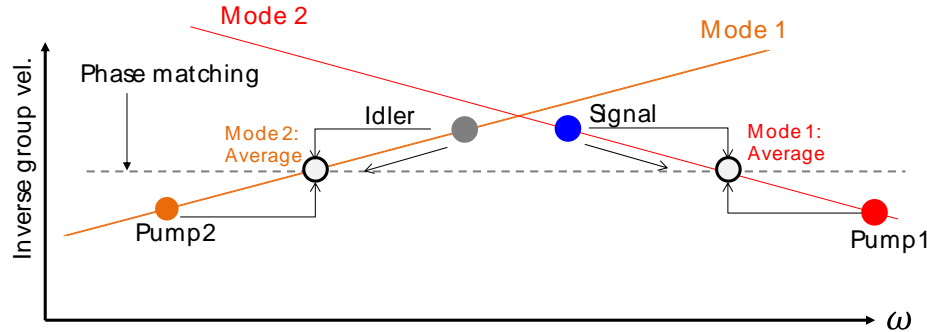
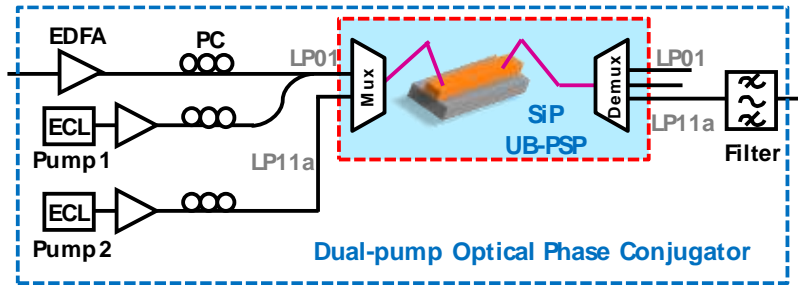


# Optical Phase Conjugation (OPC)



Not easy to find practical realisation

# Phase conjugation using non-degenerate intermodal FWM



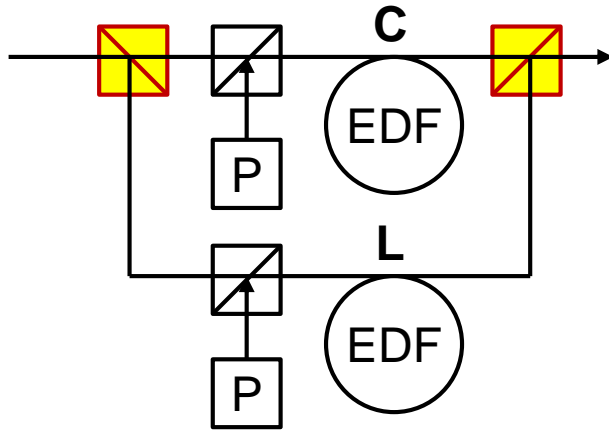
Energy conservation:  

$$\omega_{p1} + \omega_{p2} = \omega_S + \omega_{PC}$$

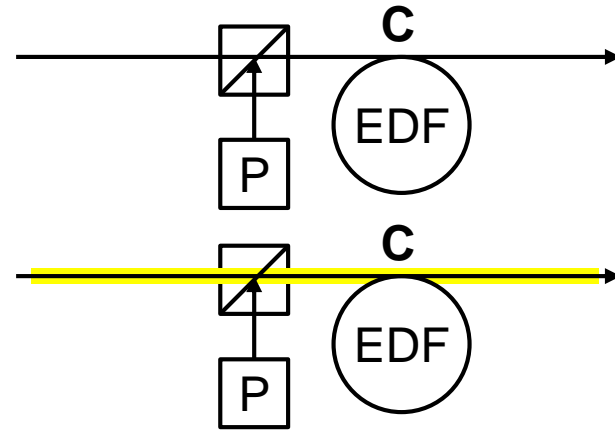
Broadband operation can be achieved using dispersion-engineered waveguide



# C + L or C + C?

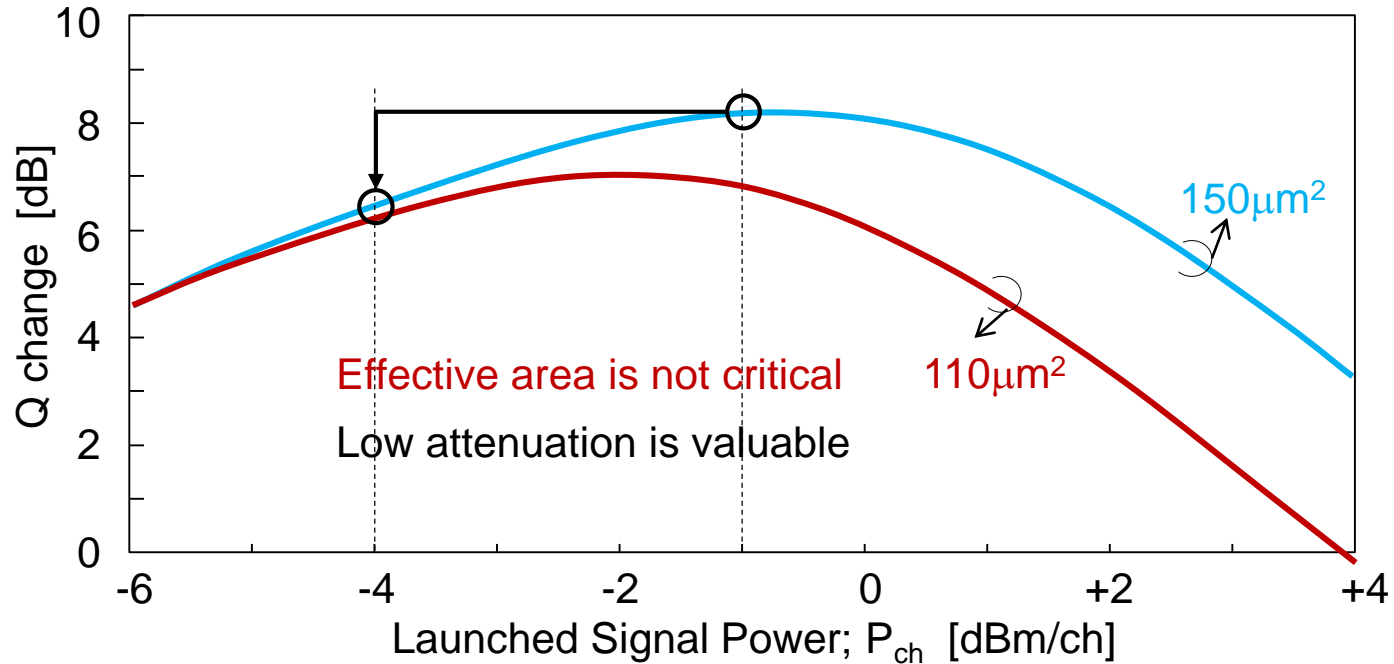


- + Saves fibre
- Adds couplers
- More complex L amplifier



- + Saves power
- + Simpler
- More fibre (or cores)

# Also reduce power

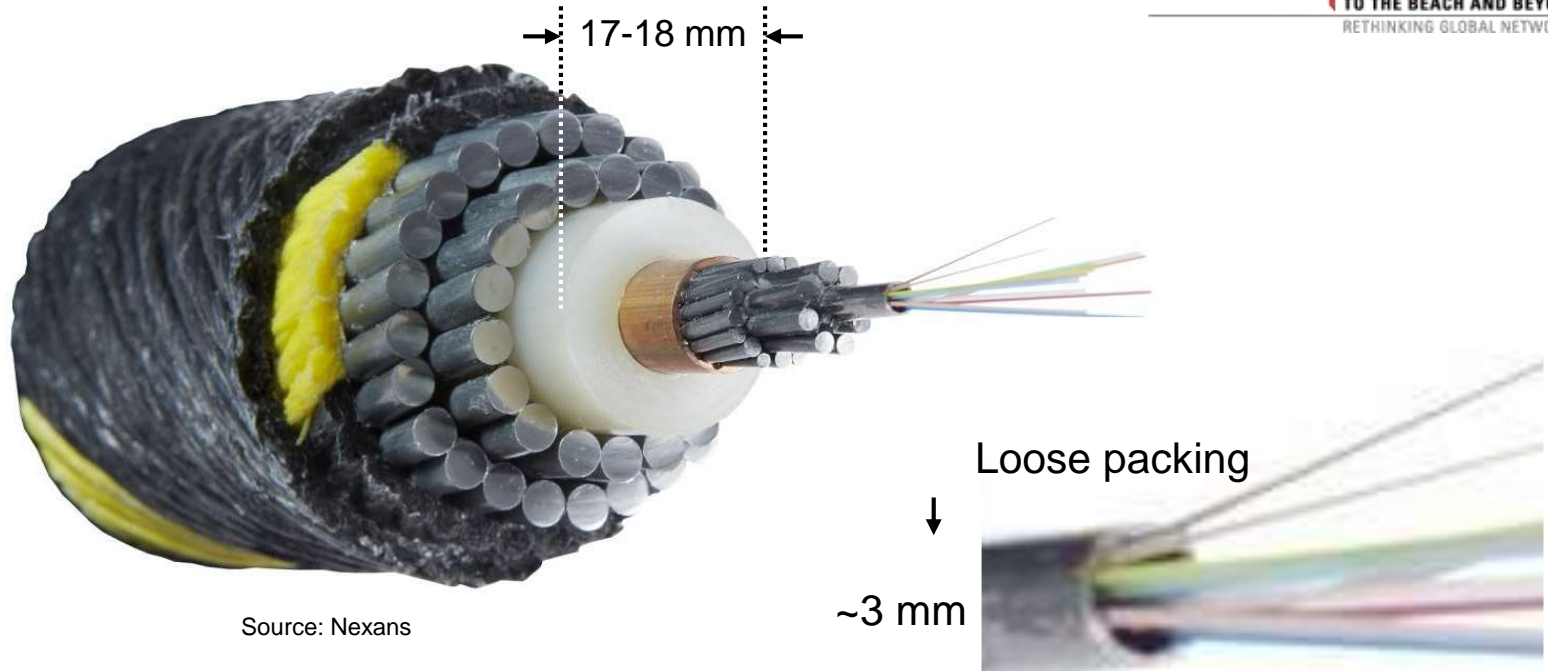


- Power reduction is significantly greater than Q change

# Attenuation

- Affects consumption by changing the power needed from the amplifier
- Example: 100 km spacing  
0.01 dB/km reduction  
= 1.00 dB per section  
= 20-25% more amplifiers for the same total consumption

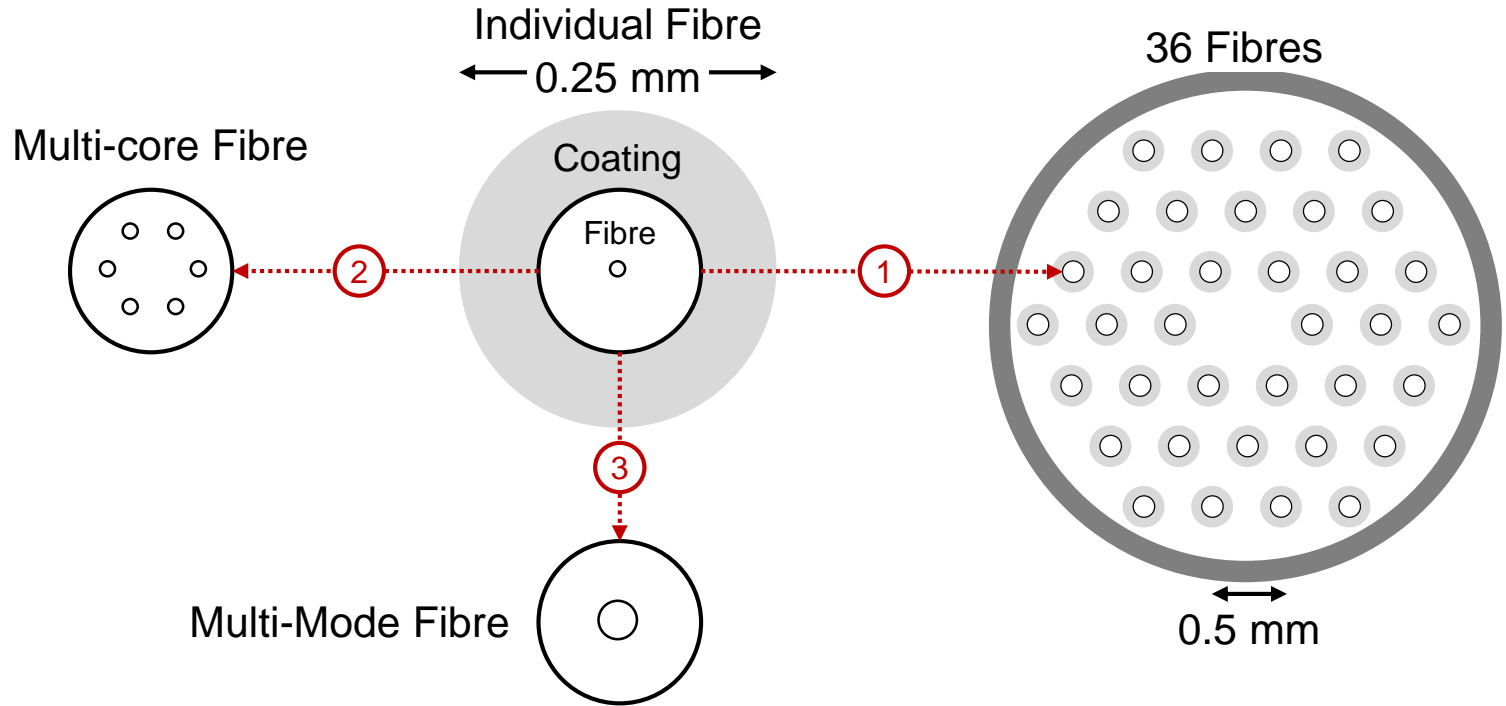
# Typical cable



Source: Nexans

- Highly desirable to maintain cable size  
Cost, Handling, Length that can be loaded ...

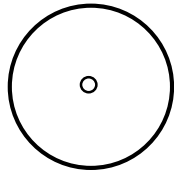
# Possible SDM routes



# Possible SDM fibres

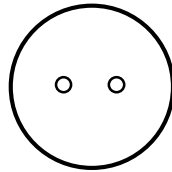
- OP-10 "Low-loss multi-core fibers for submarine transmission"

Single-core fibre



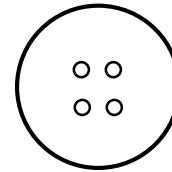
0.15 dB/km  
SiO<sub>2</sub>

2 core fibre



0.16 dB/km  
SiO<sub>2</sub>

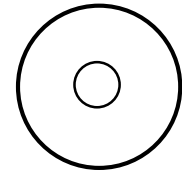
4 core fibre



0.16 dB/km  
SiO<sub>2</sub>

Needs MIMO

Multi-mode fibre

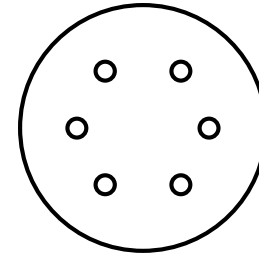


0.23 dB/km  
GeO<sub>2</sub>+SiO<sub>2</sub>

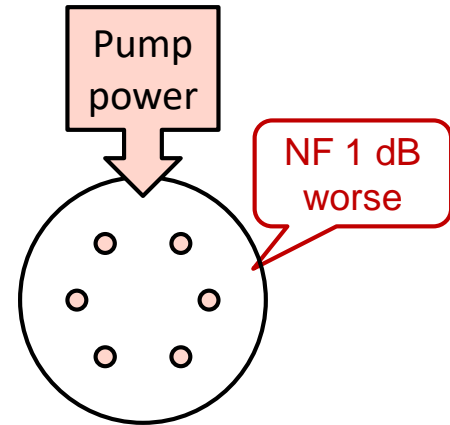
Needs MIMO

# Multi-core fibres

- More compact, so will fit in existing tubes
- Core interaction is an issue



- Will probably need individual amplifiers  
Cladding pumped amplifier doesn't solve:  
Gain flattening  
Loop-back / OTDR coupling



# Multi-mode fibres

- By changing the core, a fibre can propagate several modes
- Each could carry different data
- It is relatively easy to create multi-mode EDF amplifiers, which avoids problems coupling fibre to amplifier
- BUT



- What will the performance of multi-mode fibre be like?
  - Micro-bending?
  - Mode coupling?
- How are the modes coupled into the fibre and separated at the end?



# Sum-up

# Summary – to provoke questions!

- New types of amplifier
- Larger core fibre
- Better non-linear mitigation
- Improved FEC
- More flexible constellations
- Lower consumption DSP
- Spatial Division Multiplexing (SDM)
- Multi-core fibre
- Multi-mode fibre

Don't take too seriously

Not soon

No; SDM instead

No; SDM instead – upgrades?

Getting harder to improve?

Better granularity

Yes

Yes

Some challenges

Mode mixing?



**Thanks for listening  
We hope it was  
useful, interesting**

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